

Old Firehouse Senior Center

August 2017 Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
	1 4:00 to 6:00 pm Sit N' Sew	2 10:00 to 10:30 am Morning Stretch	3 1:30 to 3:30 pm Bingo 4:00 to 6:00 pm Cameo Ladies	4 10:00 to 10:30 am Morning Stretch
7 10:00 to 10:30 am Morning Stretch	8 4:00 to 6:00 pm Sit N' Sew	9 10:00 to 10:30 am Morning Stretch 3:00 to 4:00 pm Healthy Tombstone	10 1:30 to 3:30 pm Bingo 4:00 to 6:00 pm Cameo Ladies	11 10:00 to 10:30 am Morning Stretch
14 10:00 to 10:30 am Morning Stretch	15 4:00 to 6:00 pm Sit N' Sew	16 10:00 to 10:30 am Morning Stretch 3:00 to 4:00 pm Line Dance Video	17 1:30 to 3:30 pm Bingo 4:00 to 6:00 pm Cameo Ladies	18 10:00 to 10:30 am Morning Stretch
21 10:00 to 10:30 am Morning Stretch Basics of Alzheimer's Lisa Brazil 12:30P	22 4:00 to 6:00 pm Sit N' Sew	23 10:00 to 10:30 am Morning Stretch	24 1:30 to 3:30 pm Bingo 4:00 to 6:00 pm Cameo Ladies	25 10:00 to 10:30 am Morning Stretch
28 10:00-10:30 am Morning Stretch 1:30 to 4:00 pm Bunco	29 4:00 to 6:00 pm Sit N' Sew	30 10:00 to 10:30 am Morning Stretch	31 1:30 to 3:30 pm Bingo 4:00 to 6:00 pm Cameo Ladies	